**“A CLINICAL COMPARATIVE STUDY TO EVALUATE THE EFFECT OF *VACHADI CHURNA* AND *SHATAVARI CHURNA* IN THE MANAGEMENT OF *STANYA KSHAYA* W.S.R TO LACTATION FAILURE”**

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| **SL. NO** | **Ingredients** | ***Latin Name***  ***Family*** | ***Rasa*** | ***Guna*** | ***Veerya*** | ***Vipaka*** | ***Part***  ***Used*** | ***Doshaghnata & Karma*** |
| 01 | *Vacha* | *Acorus calamus linn.*  *(Family-Araceae)* | *Katu*  *Tikta* | *Laghu,*  *Ruksha* | *Ushna* | *Katu* | *Kanda*  (Rhizome) | *Kaphavatashamak,*  *Medhya* |
| 02 | *Musta* | *Cyperus rotundus linn.*  *(Family- Cyperaceae)* | *Tikta,*  *Katu,*  *Kashaya* | *Laghu,*  *Ruksha* | *Sheeta* | *Katu* | *Kanda*  (Rhizome) | *Pittashamak,*  *Stanyashodhan* |
| 03 | *Devadaru* | *Cedrus deodara roxb.*  *(Family-Pinaceae)* | *Tikta* | *Laghu,*  *Snigdha* | *Ushna* | *Katu* | *Tvak*  (Bark) | *Kaphavatashamak,*  *Stanyashodhan* |
| 04 | *Shunthi* | *Zingiber officinale rosc. (Family- Zingiberaceae* | *Katu* | *Laghu,*  *Snigdha* | *Ushna* | *Madhur* | *Kanda*  (Rhizome) | *Kaphavatashamak,*  *Vrushya* |
| 05 | *Ativisha* | *Aconitum heterophylslum wall.*  *(Family- Ranunculaceae)* | *Katu*  *Tikta* | *Laghu,*  *Ruksha* | *Ushna* | *Katu* | *Kanda*  (Rhizome) | *Tridosha-hara,*  *Stanyashodhan* |
| 06 | *Haritaki* | *Terminalia chebula*  *Family- (Combretaceae)* | *Madhur, Amla, Katu, Tikta, Kashaya* | *Laghu, Ruksha* | *Ushna* | *Madhur* | *Phala*  (fruit) | *Tridosha-hara*  *Vrushya* |
| 07 | *Shatavari* | *Asparagus racemosus*  *(Family- Liliaceae)* | *Madhura, Tikta,* | *Guru,*  *Snigdha* | *Sheeta* | *Madhur* | *Kanda*  (Rhizome) | *Vatapittashamak,*  *Stanyajanan* |